**Official HOSA Dress Code**

**HOSA Uniform Policy:**  
Tailored navy blazer with emblem affixed over the heart.

* Shirt/blouse for females (white tailored or short-sleeve white jewel neck shell
* Shirt for males—white closed-neck, man-tailored dress shirt, suitable for use with a tie
* Accent for female members - maroon HOSA scarf or tie is optional but not required
* Accent for male officers - navy or maroon long tie
* Matching navy slacks for males and matching navy slacks or skirts for females
* **Closed-toe** blue or black shoes (hose optional)

**General Sessions**  
(This policy is for student delegates. Advisors, family members and guests are not required to wear the HOSA uniform or the black or navy blue suit with a white shirt to the general sessions but are expected to dress professionally.)  
  
The HOSA, Inc. Board of Directors approved the following dress policy that began at the 2011 NLC in Anaheim, California**:**  
  
The official dress code for the **student members** for all general sessions at the NLC is:

* **HOSA uniform** (see below)

**OR**

* **Black or navy blue suit with a white shirt** (the white shirt can be the member’s choice)
* **Closed-toe** blue or black shoes (hose optional)
* Male members **MUST** wear a tie.
* Female members may choose to wear **knee-length** skirt or slacks.

**Student delegates** not adhering to the above dress policy for all general sessions at the SLC/NLC will **NOT** be admitted. **Adults should dress in professional attire, but are not limited to the dress code for students.**

**Competitive Events**  
Delegates must adhere to **the Dress Code** as specified in the individual competitive event guidelines for the **orientation and event** in which they are competing. Bonus points will be given according to the individual guidelines.   
  
For all competitive events, five (5) bonus points will be added once per competitor and/or team to the tally sheet for appropriate dress. In team events, all team members must be properly dressed to receive the bonus points. Exceptions are as noted in the event guidelines.

* School tags, state badges or ID's must be removed or completely covered during competition.

**Fun Night Activity**

This dress code applies to all adults and students attending the conference.

* Official 2020 TN HOSA State Leadership Conference t-shirt and jeans
* Jeans must not have holes or be frayed.
* Conference t-shirt cannot be cut or manipulated in any way.

**Other Conference Attire**   
Conference delegate attire should be proper and appropriate since it reflects directly upon the State Association and National HOSA. Conference delegates are strongly encouraged to wear HOSA uniforms or appropriate business attire to all conference activities (other than the general sessions where the official dress code for general sessions will must be adhered).

* Under no circumstances will blue jeans, shorts, or other casual attire be accepted at any conference function (with the exception of tours, HOSA’s dances, and other recreational activities).
* Delegates dressed in such casual attire will not be permitted to participate in official HOSA conference meetings.

**Helpful Tips**

No dress code can cover all contingencies so HOSA members must use a certain amount of judgment in their choice of clothing to wear. HOSA members who experience uncertainty about acceptable HOSA attire should ask his/her HOSA local or state advisor.

* Denim clothing and canvas shoes are not considered professional attire for competitive events. Denim pants in colors other than blue are not permitted. Blue jean skirts and dresses are NOT acceptable.
* Dressy pants of different lengths that are part of a suit/ensemble may be acceptable but “shorts” are not acceptable.
* Casual tank or tube tops, sweat pants/shirts, or tennis shoes are never acceptable. The official conference t-shirt and tennis shoes are acceptable for Fun Night only.
* Business-casual attire may include khaki pants and polo tops.
* Clothing that works well for the beach, yard work, dance clubs, exercise sessions, and sports contests is NOT appropriate for HOSA events, meetings, and conference sessions.
* Clothing that reveals too much cleavage, your back, your chest, your stomach or your underwear is not appropriate for HOSA delegates.
* Clothing should be pressed and never wrinkled. Torn, dirty, or frayed clothing is unacceptable. Any clothing that has words, terms, or pictures that may be offensive to HOSA delegates or guests is unacceptable.
* Open-toed shoes and heeled sandals are not considered part of the official HOSA uniform, but are acceptable with other forms of professional attire. Flip-flops and “Toms” type shoes are not considered professional attire and are not acceptable for competitive events or general sessions.

**Definition of Flip-Flops:** Flip-flops and thong sandalsare flat, backless, made of rubber or leather, plain or embellished with beads, etc., consisting of a flat sole held loosely on the foot by a Y-shaped strap, like a thin thong, that passes between the first (big) and second toes and around either side of the foot.   
  
**TN HOSA Advisor Dress Code**

Advisors and other adult attendees are expected to be in business casual attire (minimum) during general sessions and other official conference activities (competitive events, etc.). All adults must adhere to the conference Fun Night Dress Code, as well.